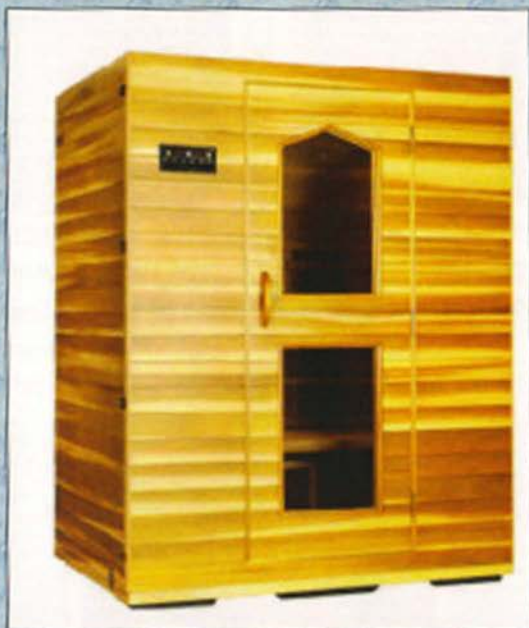


Far Infrared

Health Cabin


Saunas

A HEALTH SYSTEM FOR THE ENTIRE FAMILY



- ♥ Treat Fibromyalgia & Arthritic Pain
- ♥ Burn 500-800 Calories Per Session
- ♥ Increase Heart Circulation Equivalent to a 6-9 Mile Jog
- ♥ Purge Cancer Causing Toxins and Heavy Metals
- ♥ Aid in Relief of Muscle Spasms Due to Lack of Oxygen
- ♥ Enhance Skin Tone / Slow Aging Process
- ♥ Lower Blood Pressure & Cholesterol
- ♥ Help Control Colds & Flu
- ♥ Promote Energy & Well-Being

Ph: 608-343-9965



**The Original
Health Cabin Sauna
Sold Worldwide
Over 30 Years**

What Is Far Infrared?

Far Infrared radiant (FIR) heat, is simply a form of energy. This energy directly transmits, or penetrates into our bodies because of its specific wavelength. The warmth of the sun and the warmth you feel when you rub your hands together are forms of *Far Infrared* heat. Our bodies collect it and also give it off. Far Infrared should not be confused with Ultraviolet rays that cause sunburn and skin damage. "Far" means that the waves measure in the "far" range of the light spectrum. *Far Infrared* waves have no visible light. Ceramic emitters such as those in Health Cabin Saunas simulate the conversion of the energy of the sun into penetrating warmth that naturally heats objects within 91%.

Far Infrared heat waves are gentle and comfortable using temperatures of only 110-140°F. The waves are absorbed through your skin and penetrate as deep as 2 inches into your body to warm you directly and quickly. Because it heats you and not the air, the heat in the Health Cabin Sauna is not harsh on your lungs or skin like traditional steam and rock saunas. *Far Infrared* Sauna sessions are widely accepted as the most effective way to detoxify your system.

With this deep warming of your blood vessels they automatically dilate or open up which increases the oxygen and circulation to your entire body. Both of which are very healing. It also helps put the blood pressure in balance.

This type of heat will also help with light deprivation in the winter and in sun deprived states. It is the same heat used in hospital incubators to keep the premature babies warm. *Far Infrared* is not only totally safe, but the best option for life-long health and well-being.

MANY STYLES TO CHOOSE FROM



120 Volt— 12 Amps
1350 Watts— 4 Emitters

IH-1 (1 Person)

36"W x 36"D x 72"H



120 Volt— 14 Amps
1700 Watts— 5 Emitters

HEXAGON (1 Person)

40"W x 36"D x 72"H



6 Piece
 Knock Down

120 Volt— 14 Amps— 1700 Watts— 5 Emitters

IH-1KD: (1-2 People) 40"W x 40"D x 72"H

IH-2KD: (2 People) 44"W x 40"D x 72"H

IH-3KD: (2 People) 48"W x 40"D x 72"H

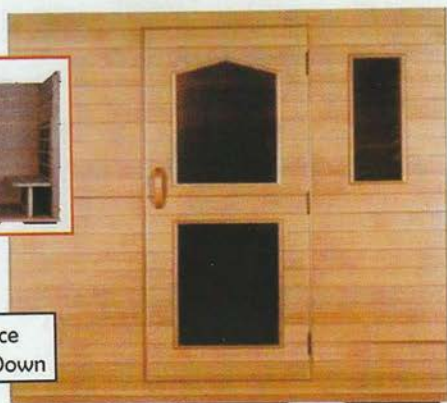
120 Volt— 17 Amps— 2050 Watts— 6 Emitters

IH-4KD: (2-3 People) 52"W x 40"D x 72"H

IH-5KD: (3 People) 56"W x 40"D x 72"H



6 Piece
Knock Down



120 Volts— 18 Amps— 2100 Watts— 6 Emitters

Special Model: (2-4 People) 60"W x 48"D x 72"H

**WE ALSO CUSTOM BUILD TO YOUR PERSONAL
SPECIFICATIONS OR FOR WHEEL CHAIR MODELS**

Study on Toxin Removal

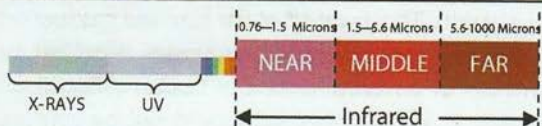
In a study performed by American Researchers the sweat of people using a conventional sauna was found to be 95% to 97% water, while the sweat of those using a *Far Infrared* thermal system was 80% to 85% water. The non-water portion of the sweat was principally cholesterol, fat-soluble toxins, toxic heavy metals, sulfuric acid, sodium, ammonia and uric acid. This unusually high concentration of heavy metals and other fat-soluble toxins is not found in the sweat from normal exercise.

Sweating is a God-given mechanism, but it must be done properly and safely to be successful. The *Far Infrared* sauna is a major tool not only in your "detox" program, but also in your antiaging program. It is something that you and your entire family will use for a lifetime.

- ★ Lower Energy Cost / \$2 - \$3 per month
- ★ Sweat at Lower Temperatures 110°-140°F

Our Quality is Next To None

- ★ Pure Zirconium Ceramic Emitters
- ★ Northern Canadian Cedar
- ★ Tongue and Grooved Panels
- ★ Computer Matched Cabinets
- ★ Totally Portable
- ★ Quarter Sawn—No Knots or Splinters
- ★ Heavy Duty Latches on Each Corner
- ★ Stereo Speakers Installed—jack on top



Our Far Infrared Emitters

Our pure zirconium ceramic *Far Infrared* emitters emit *Far Infrared* rays that measure in the 5-14 microns range, which best matches the measurement of our bodies' *Far Infrared* wavelengths. Therefore, our emitters are considered to be the most natural, safe and effective way to get *Far-Infrared* heat.

Sand warmed by an embedded electrical resistance coil is our source for *Far Infrared* heat. The sand and coil are contained in a long, thin ceramic tube and emit *Far Infrared* when heated. Our emitters (as well as the sun) are a genuine source of *Far Infrared*.

Health Cabin Construction

Health Cabin Saunas are manufactured with Northern Canadian Cedar that is kiln dried for thirty days to prevent any cracking. Cedar wood is known for its resistance to fungi and bacteria as well as repelling most insects and pests. It is the wood of choice for saunas because of low shrinkage. For thousands of years cedar oil has been used in the prevention of and cure for illnesses.

Easy Assembly—Takes 30 Minutes



Six Piece Knock Downs



Split In Half
(IH-1 & HEX)

Warranties

Because of our "Outstanding" quality we offer:

- ★ Lifetime Emitter Warranty
(In-House Manufacturing)
- ★ Lifetime Cabinet Warranty
(In-House Manufacturing)
- ★ Lifetime control Panel Warranty

Sold, Serviced & Warrantied By

Tralmer Enterprises, LLC.

1125 Lakeside Dr.

Tomah, WI 54660

Call Toll Free

844-360-9574

www.healthcabinsauna.com